



# Fourth Sunday in Ordinary Time Sunday, January 29, 2023 ~ Year A

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THE  
BEATITUDES:  
AN  
EXPOSITION  
OF MATTHEW  
5:  
1-12

## 📖 Sunday Readings 📖

Zephaniah 2:3, 3:12-13 1 Corinthians 1:26-31,  
Matthew 5:1-12



**ST. BLAISE BLESSING OF THROATS**  
The Blessing of the Throats will take place  
after all Masses on Friday, Saturday and  
Sunday, Feb 3-5.

## THE PRESENTATION OF THE LORD

Thursday, February 2

This is a feast of both Our Lord and the Blessed Virgin. In the Middle Ages, a tradition began of blessing candles and holding a procession of light on this day. As a result, this feast is also known as 'Candlemas': Christ our light has come to us. **Candles will be blessed during Mass and will be available after Mass for a donation of \$5.00 per box.**

## WORLD DAY FOR CONSECRATED LIFE

World Day for Consecrated Life will be celebrated in the Church on Thursday, February 2, 2023, and in parishes over the weekend of February 4-5, 2023. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.

## PRAYER TO END HUMAN TRAFFICING

God of freedom, beauty and truth we believe that your deepest desire, your most powerful energy, is that all creation might know abundant life.

We raise our voices in anguished prayer for our sisters and brothers, women and girls, men and boys, who are modern day slaves; They are your beloved daughters and sons, exploited sexually or forced to work because of human violence and greed.

Fill us with your holy anger and your sacred passion that those who are trafficked might know healing and justice; that traffickers will come to repentance and conversion; that all of us might live in such a way that others are not made to pay the price for our comfort and convenience.

Hasten the coming of the day when all people and our precious Earth itself will be treated, not as a commodity, but as radiant images of your freedom, beauty and truth. Amen. May it be so.

*(Sisters of Charity of Saint Elizabeth, Convent Station, N.J.)*

## Fourth Sunday in Ordinary Time

SATURDAY, JANUARY 28,

4:30 p.m. +Tom Clifford, Maria Clifford  
+Theresa Andrysiak, Gregg Gleeson

SUNDAY, JANUARY 29,

8:30 a.m. +Greg Pierzchala, friend  
10:00 a.m. +Samuel Fowler, Tunde & Lola Fowler  
+Resurrection Inting Jr., Greg Gamotin  
11:30 a.m. +Krystyna Widawska, Renalda  
+Kaluzkas Family, Renalda Karpinski

7:30 p.m. Cathedral Parishioners

MONDAY, JANUARY 30,

7:30 a.m. +Rick White, Anne-Marie White  
12:10 p.m. Int. of Mark, Mary Cody

TUESDAY, JANUARY 31, *St. John Bosco, Priest*

12:10 p.m. Int. of Michelle, Mary Cody  
Int. of Renato Dal-Ben, son

WEDNESDAY, FEBRUARY 1,

7:30 a.m. +Emeterio & Virginia Perez, Nora Ma  
12:10 p.m. +Raymond Woodhead,

Deacon Frank & Teresa Berardi

THURSDAY, FEB. 2 *The Presentation of the Lord  
World Day for Consecrated Life*

12:10 p.m. +Theresa Andrysiak, Carl & Karen  
Hofstede

FRI., FEB. 3, *St. Blaise, Martyr, Blessing of the Throats*

12:10 p.m. +Fr. George Sammut,  
Jackie & Rob Messinger

SATURDAY, FEBRUARY 4,

8:30 a.m. +Holy Souls in Purgatory, Jennifer Olszowy

## Fifth Sunday in Ordinary Time

SATURDAY, FEBRUARY 4

4:30 p.m. +Jamie Ryan, family

SUNDAY, FEBRUARY 5,

8:30 a.m. +Theresa Andrysiak, Dagmar Thoms  
10:00 a.m. +Rosalina Abello Miciano &  
+Mr. & Mrs. Mariano Acosta, Jun & Nita Cuizon  
11:30 a.m. +George & Frances Beaupt,  
Somogyvari family  
7:30 p.m. Cathedral Parishioners

## SANCTUARY LAMP

For the week of January 29th  
Pacifico Ceferina Ongcangco Sr. & Jr.  
Rene & Thelma Ongcangco

## ORDINARY TIME 2023

Ordinary Time is the name given to the thirty-three or thirty-four weeks (depending on Easter) in the course of the year apart from Advent/Christmas and Lent/Easter. Ordinary Time is that part of the liturgical year when no particular moment or aspect of the Christian mystery is celebrated.

### **NIAGARA FOUNDATION FOR CATHOLIC EDUCATION ANNUAL BENEFIT GALA**

#### **WITH HONOURARY GUEST BISHOP GERARD BERGIE**

*Supporting Niagara Catholic District School Board  
students in need and scholarships*

**Friday, March 3, 2023, Club Roma Event Centre, 6:00  
pm. Tickets \$100/person**

Online payment at [www.niagaracatholic.ca](http://www.niagaracatholic.ca) or by  
cheque payable to the *Niagara Foundation for Catholic  
Education*. Mailing address 427 Rice Rd. Welland, Ont.

L3C 7C1 Attention: Anna Pisano

Please make payment by February, 24, 2023  
(\$30 tax receipt upon request)

Individual tickets available or tables of eight or ten  
For further information (905) 735-0240, ext. 214 or  
email [linda.marconi@ncdsb.com](mailto:linda.marconi@ncdsb.com)

## OUT OF THE COLD 2022-2023

We rely on parish donations, prayers and volunteers to  
successfully run the program each year. Once again, we  
are asking for baked goods to serve each week. Baked  
goods may be brought to the office on Tuesdays before 3  
pm and at the hall entrance after 3 pm.

### CWL CATHEDRAL

**Membership Dues** - Your 2023 membership can  
now be paid. Fee is \$40.00. If you are using the blue  
envelope found in your church offertory box please  
change annual fee from \$25.00 to \$40.00. Fee  
increase effective Jan/23. You may use a plain white  
envelope. Mark the front of the envelope with "CWL  
Membership" along with your name, address and  
telephone number. It can be placed in the collection  
basket at Mass or dropped off in the mailbox at the  
parish office. If paying by cheque please make it  
payable to Cathedral CWL. New members welcome!  
Call Teresa at 905-682-1449 or Joyce at 905-685-  
8630. Thank you for your support.

## IN-PERSON MARRIAGE PREPARATION WEEKENDS

scheduled for 2023 are:

### February 3-4 St. Joseph Parish

135 Livingston Ave, Grimsby

Cost: \$160 per couple

To register contact — 905-945-2661

### February 10-11 Our Lady of the Scapular Parish

6557 Thorold Stone Road, Niagara Falls,

Cost: \$150 per couple

**NOTE: Registration is limited**

To register contact — 905-358-7611 or

[https://scapular.wufoo.com/forms/marriage-  
preparation-course-2023/](https://scapular.wufoo.com/forms/marriage-preparation-course-2023/)

**2022 INCOME TAX RECEIPTS** will be available  
for pick up starting the weekend of Feb 4/5.

### COURAGE APOSTOLATE

The Courage Apostolate was envisioned in 1978 by  
Terence Cardinal Cooke (Archbishop of New York), and  
through the suggestion of Fr. Benedict Groeschel CFR, it  
was entrusted to Fr. John Harvey of the Philadelphia  
diocese to begin this ministry.

What is the Courage Apostolate? "Courage members are  
men and women who experience same-sex attractions and  
who have made a commitment to strive for chastity. They  
are inspired by the Gospel call to holiness and the Catholic  
Church's beautiful teachings about the goodness and  
inherent purpose of human sexuality.

Through our apostolate, people who experience same-sex  
attraction receive pastoral support in the form of spiritual  
guidance, community prayer support, and fellowship"  
(<https://couragerc.org/about/>)

This Apostolate has spread throughout the world, and with  
the approval of His Excellency Bishop Bergie, we are able  
to provide it here in our own diocese. To contact the  
Courage Apostolate of the diocese of St. Catharines,  
please email Fr. Ben Weber at:  
[st.catharinesapostolate@gmail.com](mailto:st.catharinesapostolate@gmail.com)

### ST. VINCENT DE PAUL NEWS

Thank you for your continued support of the Cathedral  
St. Vincent de Paul. On Tuesday, January 10 weekly  
assistance returned. Cathedral St. Vincent de Paul relies  
on the generous support of the parishioners to provide  
food vouchers to households within our parish  
boundaries. Thank you for helping us to help those who  
need our help. God bless.

### THANK YOU FOR YOUR CONTRIBUTIONS

Sun., Jan., 22:

\$ 4,120.00

Out of the Cold:

\$668.91

